

PE Scheme of Work

	Reception	Year 1	Year 2
Autumn	Dance/Multi-skills	Dance/Multi-skills	Tri-golf/Gymnastics
	Dance/Throwing and catching	Dance/Multi-skills	Tag Rugby /Handball
Spring	Gymnastics/Games	Throwing and catching /Gymnastics	Invasion games/Circuits
	Multi-skills/Gymnastics	Gymnastics /Football	Bench ball /Maypole Dance
Summer	Dance/Football	Cricket / Co-ordination and locomotor skills	Cricket
			Swimming
	Athletics/Tri-Golf	Tennis/Athletics	Tennis
			Swimming

	Year 3	Year 4	Year 5	Year 6
Autumn	Dance	Dance	Healthy Heroes	Healthy Heroes
	Swimming	Swimming	Swimming	Hockey
	Hockey	Netball/Handball	Dance	Inside out - Social Skills/ Dance
	Swimming	Swimming	Swimming	
Spring	Gymnastics	Gymnastics	Gymnastics	Netball
	Swimming	Swimming	Swimming	Gymnastics
	Cricket	Maypole Dance	Netball	Tag Rugby
	Swimming	Swimming	Swimming	Outdoor adventurous activities (Orienteering & Residential)
Summer	Tennis	Cricket/ Outdoor adventurous activities (Orienteering & Residential)	Cricket/Tennis	Rounders
	Swimming			Swimming
	Athletics	Rounders/Athletics	Rounders/ Athletics	Cricket
	Swimming			Swimming