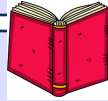


# Compassion



Compassion is kindness in action.

It is about 'standing in someone else's shoes' when they might be having a difficult time. We do our best to understand how they might be feeling and we try to help.



## The Bible and Compassion

Jesus told people to love their neighbour as they loved themselves show **compassion**.

Someone asked Jesus, "Who is my neighbour?"

Jesus told a story that shocked many listeners.



'A Jewish man set off from Jerusalem to Jericho,' he said. The crowd all knew this was a dangerous route where robbers hid behind rocks to jump out on travellers. 'As he got to a lonely part of the journey, a band of robbers jumped out and attacked him. They left him alone on the path, crying of his injuries.

However, it wasn't long before the injured traveller heard footsteps on the road. He looked up and was thankful to see a priest walking towards him. "He will help me," thought the man. But the priest took one look, crossed the road and walked on.

A little later, the man heard more footsteps. Again, he looked up and saw a Levite - someone who worked in the Temple. Surely, he would help. However, like the priest, the Levite took one look at the man and crossed the road. He too walked past.

After a while, the man heard someone approaching. This time when he looked up he saw a Samaritan. The Samaritans were enemies of the Jews. The man was afraid, but the Samaritan walked over to him, knelt down and poured medicine onto his cuts. He loaded the hurt man onto his donkey and took him to a nearby hostel where he paid for the injured man to get good treatment.

"Who do you think showed **compassion** and acted as a neighbour?" Jesus asked the crowd.

"The Samaritan," they answered.

### Compassion Quote

'True compassion means not only feeling another's pain but being moved to help relieve it.'

(Daniel Goleman, author)

## The bear with the spotty bandage



Pudsey Bear is named after the Yorkshire village where he was created by Joanna Ball in 1985.

Thanks to Pudsey and the Children in Need campaign, many children across the UK and elsewhere have come to know **compassion** through the kind work of this charity. Every year, we celebrate Children in Need at Holy Trinity.

Feel free to print this wordsearch and try to find all the words. Good luck!

## Compassion

N	O	I	T	A	N	O	D	S	A
E	Y	Y	D	K	O	P	K	A	M
T	N	E	R	I	I	R	Y	M	Z
I	P	K	P	N	S	I	X	A	Y
V	U	N	G	D	S	E	Y	R	T
E	D	O	T	N	A	S	A	I	I
L	S	D	R	E	P	T	E	T	R
U	E	E	E	S	M	X	R	A	A
H	Y	D	Y	S	O	I	A	N	H
P	D	G	N	R	C	P	C	J	C

COMPASSION  
PUDSEY  
CARE  
LEVITE

KINDNESS  
CHARITY  
DONKEY

SAMARITAN  
DONATION  
PRIEST

### Random Acts of Kindness

Kindness is often appreciated when it is offered at an unexpected time.

Try to do something kind for someone this week. Try to do it without telling anyone it was you!

**KINDNESS  
IS FREE**